

**SUGGESTED ITEMS FOR
FREE LITTLE FOOD PANTRY
WINTER DONATIONS (WHEN BELOW FREEZING)**

(No canned goods, or anything that would be damaged in freezing weather)

PERSONAL CARE ITEMS

Soap (bar)
Toothpaste
Toothbrushes
Pads/tampons
Diapers/wipes
Deodorant (no aerosol)
Chapstick
Hats
Gloves
Scarves
Handwarmers
Socks

Salt/Pepper

Tea Bags

Coffee

Nuts

Soups and Instant meals that just need water added (NOT canned)

Vegetable Oil (*plastic* container)

Stove Top Stuffing

Sugar (put the bag of sugar in a sealed, plastic bag)

Flour (put the bag of flour in a sealed, plastic bag)

Sandwich Meats (should be in a closed freezer bag.)

PAPER PRODUCTS

Paper towels
Toilet paper - single rolls best
Kleenex - boxes or packets

DAIRY PRODUCTS (These will freeze well during the winter)

Milk (half gallon plastic containers)

Butter or Margarine

Cheese

NONPERISHABLE FOODS

Bread
Peanut butter & jelly in *plastic* containers
Boxed/bagged grains/beans: rice, couscous, quinoa, red beans, white beans
Pasta: dry pasta, bagged pasta meals,
Pasta sauce - in packet to add water
Cereal: cold and hot
Peanut butter & other snack crackers
Applesauce in *plastic* individual containers
Dried fruits
Granola bars
Pepperoni Packets
Beef Jerky
Tuna/Meat *Packets*
Dried Fruit
String Cheese
Powdered Milk

Thank you for your help.

Please watch the expiration dates!

Don't put anything in
you would not eat yourself.